



Working for Choice, Independence & Lifestyle

Wiltshire Independent NEWSLETTER

Issue 49

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Wiltshire Centre for Independent Living

info@wiltshirecil.org.uk

 0300 1233 442

Welcome to the Summer edition of our newsletter...

What a busy time this is! The fine weather goes a long way to helping us feel more energised and proactive in getting out and about to meet people.

All the teams at CIL have been massively busy from organising the 'Festival of the Future' (which was great fun and fantastic weather to sit out and listen to the live music we all enjoyed), to engaging in consultations, busily 'Making Someone Welcome' in spreading the word and meeting new people, to advising and supporting people new to direct payments. There is so much going on in our vibrant communities and yet we always feel there is so much more we could do just in connecting people while successfully and swiftly supporting them to get back on track and enjoy a new found freedom in their own networks, strengths and abilities.

In the coming weeks and months, we would love your involvement and input into shaping our work. Local groups can join up to our Make Someone Welcome and in return we will promote your group as well as offer free training. For opportunities, such as joining the new Personalisation Board, which was launched in national co-production week, please read on. You can also follow us on Twitter @WILTSCIL to hear about things you can get involved in both locally and nationally.

We are always happy to hear your ideas for involvement or how you would like us to support. Wiltshire CIL is your organisation, share your expertise, good ideas and stories so that we can motivate and inspire everyone to have a go and join in, whether it is in a small act of kindness or inspirational activities within your community. Most of all enjoy the summer holiday and have fun!



What would help you to live a healthier and happier life?

Health and care organisations from across Bath and North East Somerset, Swindon and Wiltshire are putting a plan together to make sure you and your loved ones are able to get the support you need to live well. We want to make sure that you can easily find and use local health and care services, and that these services will support you to stay healthy and happy now and in the future. Help shape our plan for health and care services by sharing your views and taking part in our short online survey. The survey closes on 31 July — there is still time to take part:

<http://www.bswstp.nhs.uk/ourhealthourfuture/>

direct payments

Employer's Liability Insurance

The Council's contracted provider has changed from Mark Bates Ltd (PremierCare) to FISH Insurance with effect from 1st June 2019. If you haven't received your new policy documents yet, please don't worry, you are still covered.



Important Information

The contact details for **FISH** are **0333 331 3900** or **admin@fishinsurance.co.uk**

The Employment Law Helpline is now provided by Peninsula. They can be contacted on 0344 892 2480 quoting your policy number and the code FIS033

If you have any queries or you wish to make your own arrangements with a different provider, please contact a DP Adviser on 0300 1233442.

Payroll Deadline

Just a reminder that the deadline to notify Payroll of hours or to make changes if you are on automatic payroll is now the 20th of the month. Any late notifications will be processed in the following month's payroll.

Employers!

Have you checked our website recently? There is a lot of useful information on being an employer and access to all the up-to-date forms you might need such as a contract of employment, new employee forms etc. See under Useful Resources – Information & Templates for Employers: <https://www.wiltshirecil.org.uk/information-templates-for-employers/>

FREE training opportunities employers & PAs

Wiltshire CIL have been awarded funding to offer free training opportunities to PAs and Individual Employers. To reserve a place, please contact:

Marion Grist: marion@wiltshirecil.org.uk 0300 1233 442

Moving & Handling	Tuesday 23rd July	Devizes	09.30 — 12.30
	Wednesday 24th July	Salisbury	09.30 — 12.30
	Tuesday 30th July	Chippenham	09.30— 12.30
Emergency First Aid	Tuesday 6th August	Devizes	09.30—12.30
Safeguarding	Thursday 8th August	Devizes	09.30—12.30
Autistic Spectrum Conditions	Tuesday 3rd September	Devizes	09.30—12.30
	Thursday 5th September	Salisbury	09.30—12.30
	Friday 6th September	Chippenham	09.30—12.30

More courses are planned for October, November and December:

Supporting Learning Disability, Understanding Dementia, Food Hygiene and Prep, Moving & Handling, Emergency First Aid, Care Certificate Standards

user engagement

Personalisation Board

A Personalisation Board is being set up in Wiltshire and we are looking for volunteers with 'lived experience' of Health & Social Care to apply to become members of the Board.

The meetings will discuss issues related to Health and Social Care in Wiltshire, and will ensure that disabled and older people are able to develop and innovate solutions to service issues. Members of the Board will represent the voices of those living in Wiltshire, influencing service design and delivery.

The Board will invite relevant members of Wiltshire Council and the Clinical Commissioning Group (CCG) to come and listen to what has been discussed and work with them to bring about the development of truly person-centred services. The CCG is part of the NHS and responsible for planning and commissioning health care services in their local area.

If you are interested, please contact us on 0300 1233 442 or email: info@wiltshirecil.org.uk for further information.

Salisbury Have Your Say!

- ▶ Are you a disabled or older person living in Salisbury?
- ▶ Would you like to have a say about your local community but don't usually speak up?
- ▶ What would make your local community work better for you?

Are there every day practical things that could be done differently to make your community better? It could be anything from wheelie bins blocking the pavements to getting appointments at the GP surgery.

If you would like to get involved, then we can come to you to chat about ways to get your voice heard. For more information email info@wiltshirecil.org.uk or call 0300 1233 442

Festival of the Future

The Festival of the Future took place on Saturday 1st June at the Scout Centre in Potterne Wick. The festival was a great success attended by over 100 people; it was a beautiful sunny day with lots going on. Well done to the committee made up of members from the ImaYDiT Project for organising such a great festival.

People had their faces painted, everyone loved the drumming workshop and made lots of noise! There was a very popular gaming room and an equally popular arts and crafts table. We had two brilliant singers to give a real festival vibe! Sarah and Evie, two talented singers from the local area. We asked people at the festival what a good life meant to them, here are some of their answers :



Friends

Music

Sisters

Music

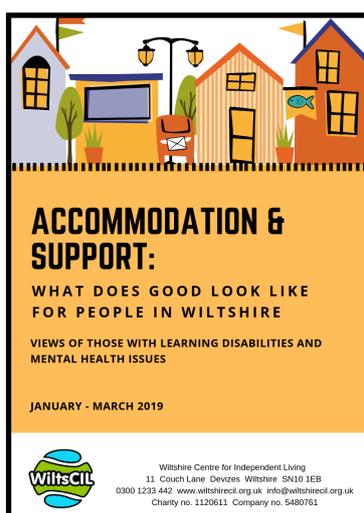
Accommodation Care and Support consultation

Between January- March 2019, the User Engagement Team undertook a piece of work looking into Accommodation, Care and Support for people with Learning Disabilities and Mental Health issues. The work was carried out to support Wiltshire Council in their Adult Social Care Transformation.

We met with over 70 people in 11 different settings including; Day centres, Supported Living Schemes, Registered Care homes and Outreach projects.

We asked people 6 open questions, based on what kind of accommodation and support they are receiving now and what they would like in the future.

One key message that came out very strongly from our conversations was the importance of our communities. For most people, it was more important that they could access their community than live in a certain type of accommodation. People want to engage in everyday activities and follow their interests.



'What do you like to do in your community?'

The full report can be viewed [here](#) or contact the office for a paper copy.

Forums

The User Engagement team are facilitating several Forums for people with lived experience of Autism and Learning Disabilities.

The Autism Forums in Warminster and Chippenham meet regularly and are currently looking at what people need to understand about Autism, this is part of the work that the Autism Partnership Board is doing around developing a Wiltshire wide strategy to increase autism awareness in the community.

The Learning Disability Forums are developing, and we are working with Fairfield Farm College Student Council, New Road Day Centre and Hft Rowde to set up forums. The forums have recently been looking at the topic of employment and the information from the Forums is fed into the Learning Disability Partnership Board.

We are keen to work with people to develop other forums, particularly for people with mental health experience.

If you are interested please contact kate@wiltshirecil.org.uk or call us on 0300 1233 442.

make someone welcome

A Shout Out to all 33 new groups, organisations and local businesses that have signed up since our last newsletter. We now have over 180 sign ups! Here are a few photos, to show the wide range of groups signing up, from Wiltshire Libraries to a local tattooist! We cover Wiltshire, Swindon and Bath and North East Somerset. If you are interested in signing up, please get in touch.

Thank you to you all for signing up to our campaign!



Wiltshire Libraries



Wilts & Dorset Fire Service



Salisbury Men's Shed



Live for Today Tattoos



STAR GROUP

MOVE IT OR LOSE IT!

Chippenham

This is our first **STAR GROUP**.

In every newsletter we will be promoting one of our amazing #MakeSomeoneWelcome groups.

Sheila from Move It or Lose It is friendly and enthusiastic. She makes all the members feel welcome and supported. We took part in a session and found it to be great fun!

If you are looking to keep active, want to meet new people and you live in the Chippenham and surrounding area, why not give it a go!



Fun, Friendly and Supportive exercise class for older adults



Improve mobility, balance, flexibility and confidence

Do the class seated, standing or with chair support

FIRST CLASS FREE

Tuesday's 10:30 - 11:30 am

Chippenham Sports Club, Bristol Road, SN15 1NG

To book call Sheila: 07835 182971

Email: fitsteps6@gmail.com



Move it or lose it Chippenham

community connecting



It's been an incredible quarter for the #MakeSomeoneWelcome Team, with referrals really taking off for the 1:1 Connectors; who are practically flying around Wiltshire meeting lots of wonderful people and their communities.

Time has been spent in areas such as Corsham, Warminster and Salisbury where we have been linking people to places such as the Springfield Community Campus and they hold the Living Well Programme each Tuesday afternoon and the Arts Pound Centre, where on the second Monday of the month the Goldies Sing and Smile group meet, then there is Seated Zumba with the lovely Kirstie at the Methodist Church in Salisbury. All groups had a warm friendly welcome and were very easy to be with.

We have also been busy supporting individuals to become comfortable and confident in using their local amenities such as the local shop or getting on the bus. In Salisbury we have been hopping on and off the Red Buses making sure people are familiar with routes and bus stops and introducing people to travel assist cards to help with communication.

Back in April we hired the Pewsham Community Centre for our first "Get Together" where we invited some local groups and individuals to help build connections. It was our first Get Together and we do think it was rather successful as many of our individuals met each other and chatted with the groups in their area. Watch out for the next one!

We hear the phrases such as "I find it difficult to go out alone" or "I don't know anyone" and we are very empathic and understanding towards how hard it can be to get out beyond your own front door. The focus of the 1:1 support through #MakeSomeoneWelcome is to work alongside individuals who have those feelings of uncertainty but are wanting to make a change. We encourage a comfortable and positive opportunity to explore beyond the individual comfort zone and establish meaningful connections within the community.

Lastly, we would like to congratulate our Connector, Poppy, on becoming Mrs Witts- Woodward, we wish you both a long and happy marriage, Love #MakeSomeoneWelcome Team.



Wiltshire Centre for Independent Living ■ 11 Couch Lane ■ Devizes ■ SN10 1EB

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