

What we believe

We passionately believe that all people have an equal right to live independent and full lives.

Who we are

We are a disabled people's user led organisation. We are led by people with lived experience.

We are values led and believe in the power of people and communities.

What we do

We promote choice and control so that everyone we work with can live the life of their choosing.

We ensure all our work is led by the disabled people we work for.

We support and celebrate the growth of inclusive communities.

How we do it

All our work is person centred: enabling people to live the life of their choosing.

We work to people not systems; rather than trying to fit people into service boxes, we work alongside them, in the context of their lives.

We ensure that they have the right information at the right time so that people have choice and control over how they live their life.

This work is underpinned by a flexible and positive approach.

We work in partnership other voluntary sector organisations and with health and social care locally.

Who we support

Under the Equality Act 2010 the Definition of disability is any person who has a physical or mental impairment that has a 'substantial' and 'long-term' negative effect on their ability to do normal daily activities.